
Individual Meet Results
Central Highlands T&F Carnival 16-Jun-18 to 17-Jun-18 [Ageup: 31/12/2018]
Location: Emerald
Mackay Athletics Club [MKY]

Result	Round	Event	PB Points	Total Points	Improv
James Galea (12) M 1811					
1.05m	F	# 192 Mixed 12-13 High Jump	---	---	0.23
3.43m	F	# 207 Mixed 12-13 Long Jump	---	---	0.01
7.36m	F	# 215 Mixed 12-13 Triple Jump	---	---	0.50
23.74m	F	# 227 Mixed 12-13 Discus	---	---	2.09
8.29m	F	# 242 Mixed 12-13 Shot Put	---	---	1.22
18.04m	F	# 257 Mixed 12-13 Javelin	---	---	5.21
18.88m	F	# 271 Mixed 12-13 Hammer	---	---	5.09
Kevin Galea (50) M 1819					
37.67m	F	# 229 Mixed 20-Ov Discus	1	1	-1.34
11.21m	F	# 244 Mixed 20-Ov Shot Put	---	---	0.70
36.44m	F	# 259 Mixed 20-Ov Javelin	---	---	3.77
28.22m	F	# 273 Mixed 20-Ov Hammer	---	---	3.84
Caitlin Grech (13) F 6004					
20.18m SILV	F	# 227 Mixed 12-13 Discus	---	---	0.15
7.42m	F	# 242 Mixed 12-13 Shot Put	---	---	0.30
20.90m SILV	F	# 257 Mixed 12-13 Javelin	---	---	1.50
16.48m	F	# 271 Mixed 12-13 Hammer	---	---	1.62
Jessica Grech (17) F 6003					
3.80m	F	# 210 Mixed 14-19 Long Jump	1	1	-0.33
21.14m	F	# 261 Mixed 14-19 Javelin	1	1	-1.85
20.96m	F	# 272 Mixed 14-19 Hammer	1	1	-0.38
Jos Grech (49) F 7285					
13.10	F	# 8 Mixed 30-Ov 60m Sprint	1	1	-2.0
22.18	F	# 50 Mixed 20-Ov 100m Sprint	1	1	-1.12
1.78m	F	# 209 Mixed 20-Ov Long Jump	1	1	-0.14
10.56m	F	# 229 Mixed 20-Ov Discus	---	---	1.39
4.29m	F	# 244 Mixed 20-Ov Shot Put	---	---	0.16
7.18m	F	# 259 Mixed 20-Ov Javelin	---	---	0.12
Natalie Lorraway (47) F 5986					
11.06	F	# 8 Mixed 30-Ov 60m Sprint	1	1	-0.03
18.71	F	# 50 Mixed 20-Ov 100m Sprint	---	---	.04
40.15	F	# 68 Mixed 20-Ov 200m Sprint	1	1	-0.78
2.68m	F	# 209 Mixed 20-Ov Long Jump	---	---	0.03
5.88m	F	# 217 Mixed 20-Ov Triple Jump	1	1	-0.39
15.53m	F	# 229 Mixed 20-Ov Discus	---	---	2.60
5.68m	F	# 244 Mixed 20-Ov Shot Put	---	---	0.66
13.28m	F	# 259 Mixed 20-Ov Javelin	---	---	1.54
15.54m	F	# 273 Mixed 20-Ov Hammer	1	1	-1.38