

# Invitation to Attend the 2019 NMLA Pentathlon & U6 Carnival



**Sunday 16<sup>th</sup> June 2019**  
**Mackay Aquatics &**  
**Recreational Complex**  
**Ooralea, Mackay**



# NMLA

Invite all aspiring junior athletes to compete in our 25<sup>th</sup> Annual Pentathlon & U6 Carnival on

**Sunday, 16<sup>th</sup> June, 2019**

*This event also marks the 35<sup>th</sup> Anniversary of the **North Mackay Little Athletics** as a registered athletics club making it the oldest athletics club in Mackay!*

*In celebration of our anniversary, one off commemorative medals will be awarded!*

U6 will compete in 4 events and will receive a participation medal

U7/8 will compete in 4 events and receive a participation medal

U9-U17: Medals will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place getters decided by an accumulation of points over 5 events

BBQ/ Canteen facilities will be available

Phone Enquiries to **0433 470 680**

For all event details visit [www.northmackaylittleathletics.com](http://www.northmackaylittleathletics.com)

**Nominations Close: Monday 10<sup>th</sup> June, 2019**

## Nominations Fees

### Club Registered Athletes:

Competitive Div. (U9 – U17)	\$30.00 per athlete
Non-Competitive Div. (U7-U8)	\$20.00 per athlete
U6 Carnival	\$20.00 per athlete

### Non Club Registered Athletes:

Competitive Div. (U9 – U17)	\$35.00 per athlete
Non-Competitive Div. (U7-U8)	\$25.00 per athlete
U6 Carnival	\$25.00 per athlete

All competing athletes will receive a free sausage/ bread and a drink



**The following events are planned for each age group:** Note: events are subject to minor changes based on facility availability and registration. The final events timetable will be provided after nominations close:

Under 6 Carnival Events	Under 7	Under 8	Under 9	Under 10
70m	70m	Shot Put	60m Hurdles	60m Hurdles
Discus	Discus	70m	Long Jump	Discus
100m	Long Jump	200m	100 m	100 m
Long Jump	200m	Long Jump	Shot Put	Long Jump
			400m	400m

Under 11	Under 12	Under 13	Under 14	Under 15	Under 16/17
80m Hurdles	Discus	Javelin	Javelin	Javelin	Javelin
Long Jump	Javelin	100 m	100 m	100 m	100m
100 m	100 m	Long Jump	Long Jump	Long Jump	Long Jump
Shot Put	Long Jump	Discus	Discus	Discus	Discus
400 m	400 m	400 m	400 m	400 m	400 m

### Rules

- All events will be conducted under LAQ policies and guidelines.
- All events must be attempted to be eligible to win trophies or prizes (non-monetary).
- Athletes will compete in the lane determined by the Chief Starter at the time of the event. All track events will be timed finals. Three (3) trials only in field events. Should the competitor be disqualified or fail to score any points in any event they still remain eligible to contest the other outstanding events.
- The responsibility for getting to an event on time rests solely with the athlete. Competitors must be at the area designated for an event at least 5 minutes before the scheduled event time. Late arrival may prevent the athlete from competing in that event. All attempts will be made to announce events over the PA system, however it remains the responsibility of athletes to attend their event/s on time.
- Spikes to be 7mm maximum of pyramid or Christmas tree shape.
- The inside of the track is out of bounds, except to officials and those competing in that area.
- Full LAQ, or other organisations, approved uniform, must be worn by all competing athletes during each event.
- No late nominations will be accepted on the day!
- Please Note: age is at 31st December 2019. E.g. if turning 9 before 31/12/19 age group is U10.
- Points and Prizes – All attempts will be made to provide progressive point scores and will be displayed adjacent to the kiosk.

**Nominations close:**

**Online nominations:**

**Nominations forms can be emailed to:**

**Monday 10<sup>th</sup> June, 2019**

<https://www.resultshq.com.au/>

**NMLA Secretary**

**Email: [northmackaylittleath@gmail.com](mailto:northmackaylittleath@gmail.com)**



# PENTATHLON and U6 CARNIVAL NOMINATION FORM

Name: \_\_\_\_\_ Age Group: U\_\_\_\_\_

Circle: Boy / Girl Centre: \_\_\_\_\_

Reg No: \_\_\_\_\_ Date Of Birth: \_\_/\_\_/\_\_\_\_

Name: \_\_\_\_\_ Age Group: U\_\_\_\_\_

Circle: Boy / Girl Centre: \_\_\_\_\_

Reg No: \_\_\_\_\_ Date Of Birth: \_\_/\_\_/\_\_\_\_

Contact Name: \_\_\_\_\_ Contact No: \_\_\_\_\_

Note: For additional athletes, please attach additional nomination form.

## Club Registered Athletes:

Under 6 Nomination	\$20.00
Under 7/8 Nomination	\$20.00
U9-U17 Nomination	\$30.00

Total Payment:

\$ \_\_\_\_\_

## Non Club Registered Athletes:

Under 6 Nomination	\$25.00
Under 7/8 Nomination	\$25.00
U9-U17 Nomination	\$35.00

Total Payment:

\$ \_\_\_\_\_

For direct deposits:

A/C Name: North Mackay little Athletics Assn  
BSB# 124001  
A/C # 100006092  
Ref: PENT "family name"

