

### Individual Meet Results

**Bowen Track & Field Carnival 03-Aug-19 to 04-Aug-19 [Ageup: 31/12/2019]**

**Location: Bowen**

**Mackay Athletics Club [MKY]**

Result	Round	Event	PB Points	Total Points	Improv
<b>Ava Barron (11) F 8657</b>					
14.76 JUNR	F	# 19 Mixed 11-11 100m Sprint	---	---	.74
30.67 JUNR	F	# 33 Mixed 11-11 200m Sprint	---	---	1.86
1:11.68 JUNR	F	# 43 Mixed 11-11 400m Sprint	---	---	2.54
2:58.14 JUNR	F	# 55 Mixed 11-11 800m Run	---	---	9.36
7.14m	F	# 208 Mixed 11-11 Shot Put	1	1	-0.61
17.81m JUNR	F	# 224 Mixed 11-11 Discus	---	---	5.48
4.48m JUNR	F	# 262 Mixed 11-11 Long Jump	---	---	0.16
<b>Maya Barron (10) F 8652</b>					
37.67	F	# 31 Mixed 10-10 200m Sprint	---	---	2.40
3:24.36	F	# 53 Mixed 10-10 800m Run	1	1	-.09
4:51.62 JUNR	F	# 83 Mixed 10-10 800m Walk	1	1	-6.20
13.62	F	# 109 Mixed 10-10 60m Hurdles	1	1	-.05
15.20m JUNR	F	# 222 Mixed 10-10 Discus	---	---	0.57
2.97m	F	# 260 Mixed 10-10 Long Jump	---	---	0.24
1.05m JUNR	F	# 282 Mixed 10-10 High Jump	---	---	0.04
<b>Sienna Duncan (09) F 4067</b>					
40.35	F	# 30 Girls 08-09 200m Sprint	---	---	4.81
14.60	F	# 312 Mixed 09-09 80m Sprint	---	---	---
<b>James Galea (13) M 1811</b>					
11.98m JUNR	F	# 210 Mixed 12-13 Shot Put	1	1	-0.44
29.86m JUNR	F	# 226 Mixed 12-13 Discus	---	---	2.78
25.53m JUNR	F	# 242 Mixed 12-13 Javelin	---	---	2.98
31.10m JUNR	F	# 248 Mixed 12-13 Hammer	---	---	0.50
3.21m	F	# 264 Mixed 12-13 Long Jump	---	---	0.84
8.48m	F	# 270 Mixed 12-13 Triple Jump	1	1	-0.34
1.39m JUNR	F	# 286 Mixed 12-13 High Jump	1	1	-0.04
<b>Kevin Galea (51) M 1819</b>					
12.25m	F	# 214 Male 30-Ov Shot Put	---	---	0.58
36.13m	F	# 230 Male 30-Ov Discus	---	---	2.44
37.60m	F	# 246 Male 30-Ov Javelin	---	---	5.38
32.09m	F	# 252 Male 30-Ov Hammer	---	---	3.41
11.14m	F	# 313 Mixed 20-Ov Shot Put	---	---	1.69
31.11m	F	# 314 Mixed 20-Ov Discus	---	---	7.46
28.60m	F	# 315 Mixed 20-Ov Hammer	---	---	6.90
35.40m	F	# 316 Mixed 20-Ov Javelin	---	---	7.58
<b>Jos Grech (50) F 7285</b>					
3.98m	F	# 215 Female 30-Ov Shot Put	---	---	1.19
11.96m	F	# 231 Female 30-Ov Discus	---	---	1.02
9.78m	F	# 247 Female 30-Ov Javelin	---	---	0.84
11.66m	F	# 314 Mixed 20-Ov Discus	---	---	1.32
9.98m	F	# 316 Mixed 20-Ov Javelin	---	---	0.64
<b>Natalie Lorroway (48) F 5986</b>					
6.04m	F	# 215 Female 30-Ov Shot Put	---	---	0.02
16.49m	F	# 231 Female 30-Ov Discus	---	---	3.78
17.25m	F	# 247 Female 30-Ov Javelin	---	---	1.25
17.86m	F	# 253 Female 30-Ov Hammer	1	1	-0.28
6.42m	F	# 313 Mixed 20-Ov Shot Put	1	1	-0.36
18.22m	F	# 314 Mixed 20-Ov Discus	---	---	2.05
17.77m	F	# 315 Mixed 20-Ov Hammer	1	1	-0.19
17.28m	F	# 316 Mixed 20-Ov Javelin	---	---	1.22
<b>Benjamin Minchianski (11) M 3594</b>					
17.31	F	# 19 Mixed 11-11 100m Sprint	---	---	1.70
36.78	F	# 33 Mixed 11-11 200m Sprint	---	---	2.85

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1:23.60	F	# 43 Mixed 11-11 400m Sprint	---	---	8.63
3:17.07	F	# 55 Mixed 11-11 800m Run	---	---	16.83
6:34.36	F	# 65 Mixed 11-11 1500m Run	---	---	4.55
13.51	F	# 111 Mixed 11-11 60m Hurdles	---	---	1.05
3.27m	F	# 262 Mixed 11-11 Long Jump	---	---	0.36
1.10m	F	# 284 Mixed 11-11 High Jump	---	---	0.20
<b>Matthew Minchianski (09) M 3598</b>					
17.41	F	# 15 Boys 08-09 100m Sprint	---	---	.53
42.07	F	# 29 Boys 08-09 200m Sprint	---	---	4.60
3:28.31	F	# 51 Boys 08-09 800m Run	---	---	.43
14.16	F	# 107 Boys 08-09 60m Hurdles	---	---	.39
4.99m	F	# 204 Boys 08-09 Shot Put	1	1	-0.03
17.00m	F	# 220 Boys 08-09 Discus	---	---	0.71
2.92m	F	# 258 Boys 08-09 Long Jump	---	---	0.52
1.02m	F	# 280 Boys 08-09 High Jump	---	---	0.00
14.19	F	# 312 Mixed 09-09 80m Sprint	---	---	.27
<b>Sonny Morse (08) M 3335</b>					
17.06	F	# 15 Boys 08-09 100m Sprint	---	---	1.12
36.48	F	# 29 Boys 08-09 200m Sprint	---	---	2.97
2:48.94	F	# 51 Boys 08-09 800m Run	---	---	6.44
12.74	F	# 107 Boys 08-09 60m Hurdles	---	---	.70
5.97m	F	# 204 Boys 08-09 Shot Put	---	---	0.50
13.96m	F	# 220 Boys 08-09 Discus	1	1	-0.35
3.21m	F	# 258 Boys 08-09 Long Jump	---	---	0.25
13.51	F	# 317 Mixed 08-08 80m Sprint	---	---	.44
<b>Hayden Simpson (11) M 2892</b>					
15.96	F	# 19 Mixed 11-11 100m Sprint	---	---	.31
33.27	F	# 33 Mixed 11-11 200m Sprint	---	---	.21
8.35m JUNR	F	# 208 Mixed 11-11 Shot Put	1	1	-0.43
18.43m	F	# 224 Mixed 11-11 Discus	1	1	-0.17
<b>Noah Simpson (14) M 7198</b>					
13.73	F	# 23 Mixed 14-29 100m Sprint	---	---	.34
29.98	F	# 37 Mixed 14-29 200m Sprint	---	---	2.03
18.11m	F	# 244 Mixed 14-29 Javelin	1	1	-0.29
4.68m	F	# 266 Mixed 14-29 Long Jump	---	---	0.37
9.54m	F	# 272 Mixed 14-29 Triple Jump	---	---	0.88
<b>Jimmy Turner (08) M 4077</b>					
18.21	F	# 15 Boys 08-09 100m Sprint	---	---	1.41
5.65m	F	# 204 Boys 08-09 Shot Put	1	1	-0.23
16.00m	F	# 220 Boys 08-09 Discus	---	---	1.21
2.90m	F	# 258 Boys 08-09 Long Jump	---	---	0.25
14.40	F	# 317 Mixed 08-08 80m Sprint	---	---	---
<b>Norman Turner (39) M 4097</b>					
31.20m	F	# 246 Male 30-Ov Javelin	---	---	6.74
21.92m	F	# 252 Male 30-Ov Hammer	---	---	---
4.68m	F	# 268 Male 30-Ov Long Jump	---	---	0.37
1.45m	F	# 290 Male 30-Ov High Jump	---	---	0.00
<b>Riley Ware (07) M 3307</b>					
11.47	F	# 3 Mixed 07-07 60m Sprint	---	---	.39
14.96	F	# 9 Mixed 07-07 80m Sprint	---	---	.49
19.02	F	# 13 Mixed 07-07 100m Sprint	---	---	.72
40.78	F	# 27 Mixed 07-07 200m Sprint	---	---	---
14.49	F	# 105 Mixed 07-07 60m Hurdles	---	---	---
4.39m	F	# 202 Mixed 07-07 Shot Put	1	1	-0.66

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6.51m	F	# 218 Mixed 07-07 Discus	---	---	2.74
2.29m	F	# 256 Mixed 07-07 Long Jump	---	---	0.25
<b>Isabella Webb (10) F</b>	<b>3326</b>				
16.48	F	# 17 Mixed 10-10 100m Sprint	---	---	.96
3:37.56	F	# 53 Mixed 10-10 800m Run	---	---	6.98
12.89	F	# 109 Mixed 10-10 60m Hurdles	---	---	.08
10.67m	F	# 222 Mixed 10-10 Discus	1	1	-0.10
2.86m	F	# 260 Mixed 10-10 Long Jump	---	---	0.47
<b>Mikayla Webb (12) F</b>	<b>1826</b>				
14.80 JUNR	F	# 21 Mixed 12-13 100m Sprint	---	---	1.04
30.52	F	# 35 Mixed 12-13 200m Sprint	---	---	1.13
1:11.71 JUNR	F	# 45 Mixed 12-13 400m Sprint	1	1	-.24
15.32m	F	# 226 Mixed 12-13 Discus	---	---	0.13
15.26m	F	# 242 Mixed 12-13 Javelin	---	---	0.20
<b>Amanda Wright (38) F</b>	<b>1821</b>				
8.28m	F	# 215 Female 30-Ov Shot Put	---	---	0.11
23.34m	F	# 231 Female 30-Ov Discus	---	---	1.37
14.69m	F	# 247 Female 30-Ov Javelin	---	---	0.85
27.85m	F	# 253 Female 30-Ov Hammer	1	1	-0.04
8.00m	F	# 313 Mixed 20-Ov Shot Put	---	---	0.39
24.90m	F	# 314 Mixed 20-Ov Discus	1	1	-0.19
28.02m	F	# 315 Mixed 20-Ov Hammer	1	1	-0.21