

## Individual Meet Results

MAC Club 18-Jul-09 [Ageup: 31/12/2009]

Location: MSHS Oval

Mackay Athletics Club [MAC]

Mark	Convert	Rnd	Event	Place	Points	Improv
<b>Bates, Dana F</b>						
25.93 NWI		F	# 6 Girls 09-11 100m Dash	---	---	1.44
5:08.72		F	# 8 Female 08-75 800m Run	---	---	-48.39
1.62m NWI	5-03.75	F	# 14 Girls 09-11 Long Jump	---	---	0.19
7.68m	25-02	F	# 18 Girls 03-11 Discus	---	---	1.74
3.86m	12-08	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	0.28
<b>Bates, Kendal M</b>						
17.25 NWI		F	# 5 Boys 09-11 100m Dash	---	---	-0.18
3:13.62		F	# 7 Male 08-75 800m Run	---	---	8.86
2.76m NWI	9-00.75	F	# 13 Boys 09-11 Long Jump	---	---	0.10
11.65m	38-03	F	# 17 Boys 03-11 Discus	---	---	-0.17
6.46m	21-02	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	1.53
<b>Binney, Benjamin (4) M</b>						
14.43 NWI		F	# 1 Boys 03-08 60m Dash	---	---	-0.19
25.74 NWI		F	# 3 Boys 03-07 100m Dash	---	---	1.35
.45m	1-05.75	F	# 11 Boys 03-08 High Jump	---	---	0.10
5.72m	18-09	F	# 17 Boys 03-11 Discus	---	---	-0.12
5.14m	16-10	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	1.36
<b>Burns, Emma (2) F</b>						
22.15 NWI		F	# 4 Girls 03-07 100m Dash	---	---	1.91
.70m	2-03.50	F	# 12 Girls 03-08 High Jump	---	---	---
6.52m	21-05	F	# 18 Girls 03-11 Discus	---	---	0.19
<b>Carroll, Emma F</b>						
11.70m	38-05	F	# 18 Girls 03-11 Discus	---	---	-0.78
5.58m	18-04	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	0.28
<b>Carroll, Lachlan (97) M</b>						
3:37.53		F	# 7 Male 08-75 800m Run	---	---	7.16
7:50.75		F	# 9 Male 12-75 1500m Run	---	---	47.67
6.68m NWI	21-11.00	F	# 15 Male 12-75 Triple Jump	---	---	-0.17
10.90m	35-09	F	# 19 Male 12-75 Javelin	---	---	-2.90
40.91 NWI		F	# 23 Male 12-20 200m Dash	---	---	3.77
<b>Dobbs, Georgie (3) F</b>						
13.05 NWI		F	# 2 Girls 03-08 60m Dash	---	---	-0.35
22.48 NWI		F	# 4 Girls 03-07 100m Dash	---	---	-0.85
.55m	1-09.50	F	# 12 Girls 03-08 High Jump	---	---	-0.05
3.85m	12-07	F	# 18 Girls 03-11 Discus	---	---	0.10
4.30m	14-01	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	0.47
<b>Gall, Ellie-May (2) F</b>						
11.72 NWI		F	# 2 Girls 03-08 60m Dash	---	---	-0.38
19.62 NWI		F	# 4 Girls 03-07 100m Dash	---	---	3.02
.70m	2-03.50	F	# 12 Girls 03-08 High Jump	---	---	0.00
7.41m	24-04	F	# 18 Girls 03-11 Discus	---	---	-0.84
6.22m	20-05	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	-0.68
<b>Gall, Sophie (5) F</b>						
16.37 NWI		F	# 2 Girls 03-08 60m Dash	---	---	0.28
27.78 NWI		F	# 4 Girls 03-07 100m Dash	---	---	-0.24
.35m	1-01.75	F	# 12 Girls 03-08 High Jump	---	---	0.05
2.75m	9-00	F	# 18 Girls 03-11 Discus	---	---	-0.33

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Mark	Convert	Rnd	Event	Place	Points	Improv
3.20m	10-06	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	0.69
<b>Graham, Hannah (4) F</b>						
14.55 NWI		F	# 2 Girls 03-08 60m Dash	---	---	0.51
26.27 NWI		F	# 4 Girls 03-07 100m Dash	---	---	1.81
.50m	1-07.75	F	# 12 Girls 03-08 High Jump	---	---	0.15
3.20m	10-06	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	3.57
<b>Graham, Kate (2) F</b>						
11.50 NWI		F	# 2 Girls 03-08 60m Dash	---	---	-0.18
18.97 NWI		F	# 4 Girls 03-07 100m Dash	---	---	0.01
.85m	2-09.50	F	# 12 Girls 03-08 High Jump	---	---	-0.05
6.97m	22-10	F	# 18 Girls 03-11 Discus	---	---	-1.25
6.22m	20-05	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	-1.70
<b>Grech, Caitlyn (5) F</b>						
16.58 NWI		F	# 2 Girls 03-08 60m Dash	---	---	0.49
29.81 NWI		F	# 4 Girls 03-07 100m Dash	---	---	3.82
.35m	1-01.75	F	# 12 Girls 03-08 High Jump	---	---	0.15
3.14m	10-04	F	# 18 Girls 03-11 Discus	---	---	1.51
3.00m	9-10	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	0.82
<b>Grech, Jessica (1) F</b>						
12.21 NWI		F	# 2 Girls 03-08 60m Dash	---	---	-0.19
4:16.37		F	# 8 Female 08-75 800m Run	---	---	7.03
.80m	2-07.50	F	# 12 Girls 03-08 High Jump	---	---	-0.01
6.94m	22-09	F	# 18 Girls 03-11 Discus	---	---	2.26
4.72m	15-06	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	0.05
<b>Grech, Lachlan M</b>						
17.39 NWI		F	# 5 Boys 09-11 100m Dash	---	---	-0.16
3:45.18		F	# 7 Male 08-75 800m Run	---	---	10.93
2.48m NWI	8-01.75	F	# 13 Boys 09-11 Long Jump	---	---	0.43
13.63m	44-09	F	# 17 Boys 03-11 Discus	---	---	1.18
7.70m	25-03	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	7.00
<b>Heel, Brayden (3) M</b>						
11.92 NWI		F	# 1 Boys 03-08 60m Dash	---	---	0.30
20.58 NWI		F	# 3 Boys 03-07 100m Dash	---	---	0.70
.78m	2-06.75	F	# 11 Boys 03-08 High Jump	---	---	-0.13
7.74m	25-05	F	# 17 Boys 03-11 Discus	---	---	0.27
6.74m	22-01	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	0.06
<b>Heel, Hayley (99) F</b>						
15.21 NWI		F	# 6 Girls 09-11 100m Dash	---	---	0.00
3:14.38		F	# 8 Female 08-75 800m Run	---	---	4.44
2.79m NWI	9-02.00	F	# 14 Girls 09-11 Long Jump	---	---	0.43
14.60m	47-11	F	# 18 Girls 03-11 Discus	---	---	-1.28
10.25m	33-07	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	-3.17
<b>Hyde, Andrew (97) M</b>						
3:41.06		F	# 7 Male 08-75 800m Run	---	---	2.76
7:51.72		F	# 9 Male 12-75 1500m Run	---	---	4.32
6.90m NWI	22-07.75	F	# 15 Male 12-75 Triple Jump	---	---	0.02
15.90m	52-02	F	# 19 Male 12-75 Javelin	---	---	-1.34
42.34 NWI		F	# 23 Male 12-20 200m Dash	---	---	4.82

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Mark	Convert	Rnd	Event	Place	Points	Improv
<b>Hyde, Kaitlyn F</b>						
9.44m	31-00	F	# 18 Girls 03-11 Discus	---	---	0.45
5.87m	19-03	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	-0.51
<b>McCall, Aiden (1) M</b>						
14.87 NWI		F	# 1 Boys 03-08 60m Dash	---	---	2.37
4:30.06		F	# 7 Male 08-75 800m Run	---	---	35.35
.60m	1-11.50	F	# 11 Boys 03-08 High Jump	---	---	0.00
5.05m	16-07	F	# 17 Boys 03-11 Discus	---	---	-0.96
4.22m	13-10	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	0.01
<b>Mittereger, Beau (4) M Trial</b>						
32.87 NWI		F	# 1 Boys 03-08 60m Dash	---	---	---
32.99 NWI		F	# 3 Boys 03-07 100m Dash	---	---	---
.45m	1-05.75	F	# 11 Boys 03-08 High Jump	---	---	---
5.20m	17-01	F	# 17 Boys 03-11 Discus	---	---	---
5.28m	17-04	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	---
<b>Murphy, Bailey (4) M Trial</b>						
20.30 NWI		F	# 1 Boys 03-08 60m Dash	---	---	---
37.51 NWI		F	# 3 Boys 03-07 100m Dash	---	---	---
.30m	0-11.75	F	# 11 Boys 03-08 High Jump	---	---	---
3.76m	12-04	F	# 17 Boys 03-11 Discus	---	---	---
4.25m	13-11	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	---
<b>Newton, Emma (94) F</b>						
3:17.84		F	# 8 Female 08-75 800m Run	---	---	9.13
7:13.15		F	# 10 Female 12-75 1500m Run	---	---	4.50
FOUL		F	# 16 Female 12-75 Triple Jump	---	---	---
14.00m	45-11	F	# 20 Female 12-75 Javelin	---	---	5.73
29.50 NWI		F	# 24 Female 12-20 200m Dash	---	---	0.49
<b>Newton, Shana (97) F</b>						
4:42.94		F	# 8 Female 08-75 800m Run	---	---	-62.46
11:39.41		F	# 10 Female 12-75 1500m Run	---	---	7.11
5.14m NWI	16-10.50	F	# 16 Female 12-75 Triple Jump	---	---	0.12
6.80m	22-04	F	# 20 Female 12-75 Javelin	---	---	-0.76
46.24 NWI		F	# 24 Female 12-20 200m Dash	---	---	3.84
<b>O'Grady, Riley (97) M</b>						
5.62m NWI	18-05.25	F	# 15 Male 12-75 Triple Jump	---	---	---
8.30m	27-03	F	# 19 Male 12-75 Javelin	---	---	---
36.03 NWI		F	# 23 Male 12-20 200m Dash	---	---	---
<b>Pullen, Brodie M</b>						
23.02 NWI		F	# 5 Boys 09-11 100m Dash	---	---	2.53
4:50.04		F	# 7 Male 08-75 800m Run	---	---	---
1.93m NWI	6-04.00	F	# 13 Boys 09-11 Long Jump	---	---	0.32
11.83m	38-10	F	# 17 Boys 03-11 Discus	---	---	0.14
8.65m	28-04	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	---
<b>Pullen, Hayden (3) M</b>						
13.81 NWI		F	# 1 Boys 03-08 60m Dash	---	---	0.54
23.36 NWI		F	# 3 Boys 03-07 100m Dash	---	---	0.38
.60m	1-11.50	F	# 11 Boys 03-08 High Jump	---	---	0.05
6.70m	22-00	F	# 17 Boys 03-11 Discus	---	---	1.30

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4.50m	14-09	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	0.30
<b>Quirk, Brianna (96) F</b>						
4:01.28		F	# 8 Female 08-75 800m Run	---	---	36.51
9:37.69		F	# 10 Female 12-75 1500m Run	---	---	21.79
7.33m NWI	24-00.75	F	# 16 Female 12-75 Triple Jump	---	---	0.38
11.90m	39-00	F	# 20 Female 12-75 Javelin	---	---	2.40
40.84 NWI		F	# 24 Female 12-20 200m Dash	---	---	2.42
<b>Quirk, Cameron (67) M</b>						
29.16m	95-08	F	# 19 Male 12-75 Javelin	---	---	-2.39
<b>Quirk, James (95) M</b>						
3:02.15		F	# 7 Male 08-75 800m Run	---	---	-38.57
6:58.84		F	# 9 Male 12-75 1500m Run	---	---	-72.56
8.29m NWI	27-02.50	F	# 15 Male 12-75 Triple Jump	---	---	1.23
17.30m	56-09	F	# 19 Male 12-75 Javelin	---	---	-1.10
31.90 NWI		F	# 23 Male 12-20 200m Dash	---	---	0.12
<b>Quirk, MANDY (98) F</b>						
NT		F	# 6 Girls 09-11 100m Dash	---	---	---
3:45.53		F	# 8 Female 08-75 800m Run	---	---	-30.77
ND		F	# 14 Girls 09-11 Long Jump	---	---	---
ND		F	# 18 Girls 03-11 Discus	---	---	---
ND		F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	---
<b>Robke, Nathan M Trial</b>						
19.93 NWI		F	# 5 Boys 09-11 100m Dash	---	---	---
4:00.18		F	# 7 Male 08-75 800m Run	---	---	---
2.28m NWI	7-05.75	F	# 13 Boys 09-11 Long Jump	---	---	---
13.12m	43-00	F	# 17 Boys 03-11 Discus	---	---	---
8.30m	27-03	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	---
<b>Simpson, Jamiesen (98) F</b>						
18.52 NWI		F	# 6 Girls 09-11 100m Dash	---	---	0.41
4:09.22		F	# 8 Female 08-75 800m Run	---	---	-12.92
2.25m NWI	7-04.75	F	# 14 Girls 09-11 Long Jump	---	---	0.27
8.56m	28-01	F	# 18 Girls 03-11 Discus	---	---	-0.25
8.42m	27-07	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	-2.97
<b>Van Moolenbroek, Sophie (3) F</b>						
13.97 NWI		F	# 2 Girls 03-08 60m Dash	---	---	0.01
24.05 NWI		F	# 4 Girls 03-07 100m Dash	---	---	-0.60
.55m	1-09.50	F	# 12 Girls 03-08 High Jump	---	---	0.00
5.30m	17-05	F	# 18 Girls 03-11 Discus	---	---	-0.89
3.80m	12-06	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	1.53
<b>Wedemeyer, Brittany (99) F</b>						
17.55 NWI		F	# 6 Girls 09-11 100m Dash	---	---	0.21
3:24.66		F	# 8 Female 08-75 800m Run	---	---	-6.05
2.85m NWI	9-04.25	F	# 14 Girls 09-11 Long Jump	---	---	0.14
12.11m	39-09	F	# 18 Girls 03-11 Discus	---	---	1.06
12.20m	40-00	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	-3.57
<b>Wilson, Jack (98) M</b>						
15.78 NWI		F	# 5 Boys 09-11 100m Dash	---	---	1.33
3:08.15		F	# 7 Male 08-75 800m Run	---	---	-1.15

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3.35m NWI	11-00.00	F	# 13 Boys 09-11 Long Jump	---	---	0.19
15.82m	51-11	F	# 17 Boys 03-11 Discus	---	---	1.23
13.49m	44-03	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	3.30
<b>Wilson, Monique (2) F</b>						
12.24 NWI		F	# 2 Girls 03-08 60m Dash	---	---	0.37
20.46 NWI		F	# 4 Girls 03-07 100m Dash	---	---	4.02
.75m	2-05.50	F	# 12 Girls 03-08 High Jump	---	---	0.02
5.31m	17-05	F	# 18 Girls 03-11 Discus	---	---	0.89
5.07m	16-08	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	1.53
<b>Wilton, Joshua (1) M</b>						
11.69 NWI		F	# 1 Boys 03-08 60m Dash	---	---	0.84
4:15.78		F	# 7 Male 08-75 800m Run	---	---	-38.80
.85m	2-09.50	F	# 11 Boys 03-08 High Jump	---	---	-0.15
5.05m	16-07	F	# 17 Boys 03-11 Discus	---	---	4.05
4.99m	16-04	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	1.19
<b>Wilton, Renee (99) F</b>						
16.90 NWI		F	# 6 Girls 09-11 100m Dash	---	---	1.32
2.79m NWI	9-02.00	F	# 14 Girls 09-11 Long Jump	---	---	-0.07
7.24m	23-09	F	# 18 Girls 03-11 Discus	---	---	1.85
6.95m	22-10	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	1.52