

Individual Meet Results

MAC Club 08-Aug-09 [Ageup: 31/12/2009]

Location: MSHS Oval

Mackay Athletics Club [MAC]

Mark	Convert	Rnd	Event	Place	Points	Improv
Bates, Dana F						
23.75 NWI		F	# 6 Girls 09-11 100m Dash	---	---	0.29
4:45.91		F	# 8 Female 08-75 800m Run	---	---	-22.81
1.51m NWI	4-11.50	F	# 14 Girls 09-11 Long Jump	---	---	0.30
7.07m	23-02	F	# 18 Girls 03-11 Discus	---	---	2.35
3.43m	11-03	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	0.71
Bates, Kendal M						
17.12 NWI		F	# 5 Boys 09-11 100m Dash	---	---	0.15
3:13.36		F	# 7 Male 08-75 800m Run	---	---	8.60
2.87m NWI	9-05.00	F	# 13 Boys 09-11 Long Jump	---	---	-0.01
9.81m	32-02	F	# 17 Boys 03-11 Discus	---	---	2.55
6.39m	20-11	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	1.60
Bettridge, Skye F						
19.68 NWI		F	# 6 Girls 09-11 100m Dash	---	---	1.85
3:45.91		F	# 8 Female 08-75 800m Run	---	---	-72.04
2.19m NWI	7-02.25	F	# 14 Girls 09-11 Long Jump	---	---	0.24
7.64m	25-01	F	# 18 Girls 03-11 Discus	---	---	0.32
5.94m	19-06	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	0.26
Binney, Benjamin (4) M						
14.50 NWI		F	# 1 Boys 03-08 60m Dash	---	---	0.07
26.15 NWI		F	# 3 Boys 03-07 100m Dash	---	---	1.76
.60m	1-11.50	F	# 11 Boys 03-08 High Jump	---	---	-0.05
5.77m	18-11	F	# 17 Boys 03-11 Discus	---	---	-0.05
3.90m	12-09	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	2.60
Booth, Emily (97) F						
3:38.24		F	# 8 Female 08-75 800m Run	---	---	9.29
8:00.31		F	# 10 Female 12-75 1500m Run	---	---	51.63
5.74m NWI	18-10	F	# 16 Female 12-75 Triple Jump	---	---	-0.39
8.56m	28-01	F	# 20 Female 12-75 Javelin	---	---	---
38.42 NWI		F	# 24 Female 12-18 200m Dash	---	---	0.71
Brayshaw, Kori (2) M						
10.72 NWI		F	# 1 Boys 03-08 60m Dash	---	---	-0.15
18.50 NWI		F	# 3 Boys 03-07 100m Dash	---	---	0.04
.75m	2-05.50	F	# 11 Boys 03-08 High Jump	---	---	-0.05
5.68m	18-08	F	# 17 Boys 03-11 Discus	---	---	2.94
7.68m	25-02	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	-1.05
Burns, Caitlin (98) F						
17.31 NWI		F	# 6 Girls 09-11 100m Dash	---	---	1.49
3:37.09		F	# 8 Female 08-75 800m Run	---	---	---
2.96m NWI	9-08.50	F	# 14 Girls 09-11 Long Jump	---	---	-0.04
12.98m	42-07	F	# 18 Girls 03-11 Discus	---	---	0.60
8.04m	26-04	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	---
Carroll, Emma F						
18.43 NWI		F	# 6 Girls 09-11 100m Dash	---	---	0.75
2.19m NWI	7-02.25	F	# 14 Girls 09-11 Long Jump	---	---	0.08
10.57m	34-08	F	# 18 Girls 03-11 Discus	---	---	1.13
4.60m	15-01	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	1.26

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Carroll, Lachlan (97) M						
3:41.12		F	# 7 Male 08-75 800m Run	---	---	10.75
9:53.81		F	# 9 Male 12-75 1500m Run	---	---	170.73
5.86m	NWI 19-02	F	# 15 Male 12-75 Triple Jump	---	---	0.82
11.61m	38-01	F	# 19 Male 12-75 Javelin	---	---	-0.71
37.71	NWI	F	# 23 Male 12-18 200m Dash	---	---	0.57
Cross-McKew, Aidyn (99) M						
21.21	NWI	F	# 5 Boys 09-11 100m Dash	---	---	-0.53
4:18.38		F	# 7 Male 08-75 800m Run	---	---	-32.08
2.16m	NWI 7-01.00	F	# 13 Boys 09-11 Long Jump	---	---	0.22
13.40m	43-11	F	# 17 Boys 03-11 Discus	---	---	-4.84
11.35m	37-03	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	3.75
Dobbs, Georgie (3) F						
13.28	NWI	F	# 2 Girls 03-08 60m Dash	---	---	0.23
23.72	NWI	F	# 4 Girls 03-07 100m Dash	---	---	1.24
.60m	1-11.50	F	# 12 Girls 03-08 High Jump	---	---	-0.05
3.99m	13-01	F	# 18 Girls 03-11 Discus	---	---	-0.04
3.50m	11-06	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	1.27
Fourie, Clarissa (97) F						
3:28.59		F	# 8 Female 08-75 800m Run	---	---	13.67
7:17.66		F	# 10 Female 12-75 1500m Run	---	---	-13.92
5.99m	NWI 19-08	F	# 16 Female 12-75 Triple Jump	---	---	0.82
11.51m	37-09	F	# 20 Female 12-75 Javelin	---	---	-1.15
31.02	NWI	F	# 24 Female 12-18 200m Dash	---	---	-0.03
Fourie, Villiers (98) M						
16.40	NWI	F	# 5 Boys 09-11 100m Dash	---	---	-0.50
3:09.06		F	# 7 Male 08-75 800m Run	---	---	-20.71
3.48m	NWI 11-05	F	# 13 Boys 09-11 Long Jump	---	---	-0.56
13.74m	45-01	F	# 17 Boys 03-11 Discus	---	---	1.86
10.92m	35-10	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	3.90
Gall, Ellie-May (2) F						
11.52	NWI	F	# 2 Girls 03-08 60m Dash	---	---	-0.18
19.02	NWI	F	# 4 Girls 03-07 100m Dash	---	---	2.42
.75m	2-05.50	F	# 12 Girls 03-08 High Jump	---	---	-0.05
6.36m	20-10	F	# 18 Girls 03-11 Discus	---	---	1.05
4.86m	15-11	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	1.36
Gall, Sophie (5) F						
16.44	NWI	F	# 2 Girls 03-08 60m Dash	---	---	0.35
27.21	NWI	F	# 4 Girls 03-07 100m Dash	---	---	-0.57
.45m	1-05.75	F	# 12 Girls 03-08 High Jump	---	---	-0.05
2.28m	7-06	F	# 18 Girls 03-11 Discus	---	---	0.47
2.57m	8-05	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	1.32
Graham, Kate (2) F						
11.03	NWI	F	# 2 Girls 03-08 60m Dash	---	---	-0.02
19.34	NWI	F	# 4 Girls 03-07 100m Dash	---	---	0.38
.75m	2-05.50	F	# 12 Girls 03-08 High Jump	---	---	0.10
6.99m	22-11	F	# 18 Girls 03-11 Discus	---	---	-0.02

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5.57m	18-03	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	0.65
Grech, Caitlin (5) F						
16.65 NWI		F	# 2 Girls 03-08 60m Dash	---	---	0.56
33.22 NWI		F	# 4 Girls 03-07 100m Dash	---	---	7.23
.40m	1-03.75	F	# 12 Girls 03-08 High Jump	---	---	0.10
4.51m	14-09	F	# 18 Girls 03-11 Discus	---	---	0.18
2.57m	8-05	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	1.25
Grech, Jessica (1) F						
12.59 NWI		F	# 2 Girls 03-08 60m Dash	---	---	0.38
3:57.81		F	# 8 Female 08-75 800m Run	---	---	-11.53
.70m	2-03.50	F	# 12 Girls 03-08 High Jump	---	---	0.10
7.54m	24-09	F	# 18 Girls 03-11 Discus	---	---	1.66
6.66m	21-10	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	-1.89
Grech, Lachlan M						
3:17.69		F	# 7 Male 08-75 800m Run	---	---	-16.56
2.33m NWI	7-07.75	F	# 13 Boys 09-11 Long Jump	---	---	0.58
Heel, Brayden (3) M						
12.47 NWI		F	# 1 Boys 03-08 60m Dash	---	---	1.09
20.50 NWI		F	# 3 Boys 03-07 100m Dash	---	---	0.63
.76m	2-06.00	F	# 11 Boys 03-08 High Jump	---	---	0.02
10.34m	33-11	F	# 17 Boys 03-11 Discus	---	---	-0.46
6.12m	20-01	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	0.68
Heel, Hayley (99) F						
16.72 NWI		F	# 6 Girls 09-11 100m Dash	---	---	1.51
3:15.28		F	# 8 Female 08-75 800m Run	---	---	5.34
2.55m NWI	8-04.50	F	# 14 Girls 09-11 Long Jump	---	---	0.67
13.40m	43-11	F	# 18 Girls 03-11 Discus	---	---	1.20
10.20m	33-05	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	0.05
Hyde, Andrew (97) M						
3:54.50		F	# 7 Male 08-75 800m Run	---	---	16.20
8:10.75		F	# 9 Male 12-75 1500m Run	---	---	23.35
6.42m NWI	21-00	F	# 15 Male 12-75 Triple Jump	---	---	0.50
15.49m	50-10	F	# 19 Male 12-75 Javelin	---	---	0.41
39.33 NWI		F	# 23 Male 12-18 200m Dash	---	---	1.81
Hyde, Kaitlyn F						
20.24 NWI		F	# 6 Girls 09-11 100m Dash	---	---	0.94
2.19m NWI	7-02.25	F	# 14 Girls 09-11 Long Jump	---	---	0.00
9.70m	31-10	F	# 18 Girls 03-11 Discus	---	---	0.19
5.67m	18-07	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	0.20
Kucks, Louann F						
21.18 NWI		F	# 6 Girls 09-11 100m Dash	---	---	1.58
4:08.41		F	# 8 Female 08-75 800m Run	---	---	-18.02
2.22m NWI	7-03.50	F	# 14 Girls 09-11 Long Jump	---	---	0.05
12.28m	40-03	F	# 18 Girls 03-11 Discus	---	---	1.68
8.93m	29-03	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	1.82
Kucks, Rebecca (2) F						
11.87 NWI		F	# 2 Girls 03-08 60m Dash	---	---	-0.09

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20.62 NWI		F	# 4 Girls 03-07 100m Dash	---	---	3.58
.85m	2-09.50	F	# 12 Girls 03-08 High Jump	---	---	-0.08
8.08m	26-06	F	# 18 Girls 03-11 Discus	---	---	0.43
7.36m	24-02	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	-2.72
Lindsay, James (4) M						
15.56 NWI		F	# 1 Boys 03-08 60m Dash	---	---	-1.09
DNF		F	# 3 Boys 03-07 100m Dash	---	---	---
.50m	1-07.75	F	# 11 Boys 03-08 High Jump	---	---	---
2.90m	9-06	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	---
McCall, Aiden (1) M						
14.38 NWI		F	# 1 Boys 03-08 60m Dash	---	---	1.88
4:17.09		F	# 7 Male 08-75 800m Run	---	---	22.38
.65m	2-01.50	F	# 11 Boys 03-08 High Jump	---	---	-0.05
5.58m	18-04	F	# 17 Boys 03-11 Discus	---	---	1.74
4.49m	14-09	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	-0.26
Muscat, Connor (3) M						
11.56 NWI		F	# 1 Boys 03-08 60m Dash	---	---	0.15
20.03 NWI		F	# 3 Boys 03-07 100m Dash	---	---	0.72
.76m	2-06.00	F	# 11 Boys 03-08 High Jump	---	---	-0.11
10.16m	33-04	F	# 17 Boys 03-11 Discus	---	---	-1.91
4.84m	15-10	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	1.65
Newton, Emma (94) F						
4:16.15		F	# 8 Female 08-75 800m Run	---	---	67.44
7:51.03		F	# 10 Female 12-75 1500m Run	---	---	42.38
9.52m NWI	31-03	F	# 16 Female 12-75 Triple Jump	---	---	0.27
15.74m	51-08	F	# 20 Female 12-75 Javelin	---	---	3.99
29.34 NWI		F	# 24 Female 12-18 200m Dash	---	---	0.33
Newton, Shana (97) F						
4:16.15		F	# 8 Female 08-75 800m Run	---	---	-26.79
11:02.62		F	# 10 Female 12-75 1500m Run	---	---	-29.68
5.43m NWI	17-09	F	# 16 Female 12-75 Triple Jump	---	---	-0.17
FOUL		F	# 20 Female 12-75 Javelin	---	---	---
40.80 NWI		F	# 24 Female 12-18 200m Dash	---	---	-1.60
O'Grady, Riley (97) M						
3:42.75		F	# 7 Male 08-75 800m Run	---	---	---
9:23.53		F	# 9 Male 12-75 1500m Run	---	---	---
FOUL		F	# 15 Male 12-75 Triple Jump	---	---	---
13.09m	42-11	F	# 19 Male 12-75 Javelin	---	---	-4.79
36.30 NWI		F	# 23 Male 12-18 200m Dash	---	---	0.27
Quirk, Cameron (67) M						
21.00m	68-11	F	# 19 Male 12-75 Javelin	---	---	8.16
Quirk, James (95) M						
4:00.44		F	# 7 Male 08-75 800m Run	---	---	58.29
15.22m	49-11	F	# 19 Male 12-75 Javelin	---	---	2.08
Quirk, MANDY (98) F						
17.87 NWI		F	# 6 Girls 09-11 100m Dash	---	---	0.95
3:47.06		F	# 8 Female 08-75 800m Run	---	---	1.53

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3.11m NWI	10-02	F	# 14 Girls 09-11 Long Jump	---	---	-0.17
13.36m	43-10	F	# 18 Girls 03-11 Discus	---	---	4.43
11.94m	39-02	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	-2.42
Van Moolenbroek, Sophie (3) F						
13.59 NWI		F	# 2 Girls 03-08 60m Dash	---	---	-0.37
23.96 NWI		F	# 4 Girls 03-07 100m Dash	---	---	1.05
.50m	1-07.75	F	# 12 Girls 03-08 High Jump	---	---	0.10
3.22m	10-07	F	# 18 Girls 03-11 Discus	---	---	2.08
2.94m	9-08	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	2.39
Wilson, Jack (98) M						
15.69 NWI		F	# 5 Boys 09-11 100m Dash	---	---	1.24
3:01.32		F	# 7 Male 08-75 800m Run	---	---	-6.83
3.52m NWI	11-06	F	# 13 Boys 09-11 Long Jump	---	---	0.12
17.49m	57-04	F	# 17 Boys 03-11 Discus	---	---	-0.03
19.26m	63-02	F	# 21 Boys 03-11 Javelin TURBO JAV	---	---	-2.47
Wilson, Monique (2) F						
11.72 NWI		F	# 2 Girls 03-08 60m Dash	---	---	-0.15
20.18 NWI		F	# 4 Girls 03-07 100m Dash	---	---	3.74
.70m	2-03.50	F	# 12 Girls 03-08 High Jump	---	---	0.07
6.11m	20-00	F	# 18 Girls 03-11 Discus	---	---	0.09
4.28m	14-00	F	# 22 Girls 03-11 Javelin TURBO JAV	---	---	2.32