

Individual Meet Results

MAC Club 29-Aug-09 [Ageup: 31/12/2009]

Location: MSHS Oval

Mackay Athletics Club [MAC]

| Mark | Convert | Rnd | Event | Place | Points | Improv |
|--------------------------------|--------------|-----|------------------------------------|-------|--------|--------|
| Alexandrou, Jack (1) M | | | | | | |
| 11.02 | NWI | F | # 1 Boys 03-08 60m Dash | --- | --- | 0.37 |
| 3:31.93 | | F | # 7 Male 08-75 800m Run | --- | --- | -13.88 |
| .86m | 2-09.75 | F | # 11 Boys 03-08 High Jump | --- | --- | -0.16 |
| 5.02m | 16-06 | F | # 17 Boys 03-11 Discus | --- | --- | 2.23 |
| 7.20m | 23-07 | F | # 21 Boys 03-11 Javelin TURBO JAV | --- | --- | -1.23 |
| Bates, Dana F | | | | | | |
| 25.71 | NWI | F | # 6 Girls 09-11 100m Dash | --- | --- | 3.37 |
| 5:06.80 | | F | # 8 Female 08-75 800m Run | --- | --- | 20.89 |
| 1.53m | NWI 5-00.25 | F | # 14 Girls 09-11 Long Jump | --- | --- | 0.28 |
| 7.62m | 25-00 | F | # 18 Girls 03-11 Discus | --- | --- | 1.80 |
| 4.52m | 14-10 | F | # 22 Girls 03-11 Javelin TURBO JAV | --- | --- | -0.38 |
| Bates, Kendal M | | | | | | |
| 17.36 | NWI | F | # 5 Boys 09-11 100m Dash | --- | --- | 0.39 |
| 3:15.96 | | F | # 7 Male 08-75 800m Run | --- | --- | 11.20 |
| 2.29m | NWI 7-06.25 | F | # 13 Boys 09-11 Long Jump | --- | --- | 0.58 |
| 9.64m | 31-07 | F | # 17 Boys 03-11 Discus | --- | --- | 2.72 |
| 7.62m | 25-00 | F | # 21 Boys 03-11 Javelin TURBO JAV | --- | --- | 0.37 |
| Bates, Rhonda (64) F | | | | | | |
| 1.32 | | F | # 8 Female 08-75 800m Run | --- | --- | --- |
| Brayshaw, Kori (2) M | | | | | | |
| 11.27 | NWI | F | # 1 Boys 03-08 60m Dash | --- | --- | 0.55 |
| 19.02 | NWI | F | # 3 Boys 03-07 100m Dash | --- | --- | 0.56 |
| .80m | 2-07.50 | F | # 11 Boys 03-08 High Jump | --- | --- | -0.05 |
| 7.33m | 24-00 | F | # 17 Boys 03-11 Discus | --- | --- | 1.29 |
| 7.06m | 23-02 | F | # 21 Boys 03-11 Javelin TURBO JAV | --- | --- | 0.62 |
| Burns, Caitlin (98) F | | | | | | |
| 16.71 | NWI | F | # 6 Girls 09-11 100m Dash | --- | --- | 0.89 |
| 3:35.05 | | F | # 8 Female 08-75 800m Run | --- | --- | -2.04 |
| 1.79m | NWI 5-10.50 | F | # 14 Girls 09-11 Long Jump | --- | --- | 1.17 |
| 11.63m | 38-02 | F | # 18 Girls 03-11 Discus | --- | --- | 1.95 |
| 8.30m | 27-03 | F | # 22 Girls 03-11 Javelin TURBO JAV | --- | --- | -0.26 |
| Burns, Emma (2) F | | | | | | |
| 13.24 | NWI | F | # 2 Girls 03-08 60m Dash | --- | --- | -0.06 |
| .75m | 2-05.50 | F | # 12 Girls 03-08 High Jump | --- | --- | -0.05 |
| 5.02m | 16-06 | F | # 18 Girls 03-11 Discus | --- | --- | 1.69 |
| 3.64m | 11-11 | F | # 22 Girls 03-11 Javelin TURBO JAV | --- | --- | --- |
| Carroll, Emma F | | | | | | |
| 17.52 | NWI | F | # 6 Girls 09-11 100m Dash | --- | --- | -0.16 |
| 4:25.45 | | F | # 8 Female 08-75 800m Run | --- | --- | -51.03 |
| 2.26m | NWI 7-05.00 | F | # 14 Girls 09-11 Long Jump | --- | --- | 0.01 |
| 11.48m | 37-08 | F | # 18 Girls 03-11 Discus | --- | --- | 0.27 |
| 6.19m | 20-04 | F | # 22 Girls 03-11 Javelin TURBO JAV | --- | --- | -0.33 |
| Carroll, Lachlan (97) M | | | | | | |
| 3:27.58 | | F | # 7 Male 08-75 800m Run | --- | --- | -2.79 |
| 7:24.46 | | F | # 9 Male 12-75 1500m Run | --- | --- | 21.38 |
| 6.72m | NWI 22-00.75 | F | # 15 Male 12-75 Triple Jump | --- | --- | -0.04 |
| 11.00m | 36-01 | F | # 19 Male 12-75 Javelin | --- | --- | 0.61 |

Individual Meet Results

MAC Club 29-Aug-09 [Ageup: 31/12/2009]

Location: MSHS Oval

Mackay Athletics Club [MAC]

| Mark | Convert | Rnd | Event | Place | Points | Improv |
|----------------------------------|----------|-----|------------------------------------|-------|--------|--------|
| 36.49 | NWI | F | # 23 Male 12-20 200m Dash | --- | --- | -0.65 |
| Cross-McKew, Aidyn (99) M | | | | | | |
| 19.84 | NWI | F | # 5 Boys 09-11 100m Dash | --- | --- | -1.37 |
| 4:12.95 | | F | # 7 Male 08-75 800m Run | --- | --- | -5.43 |
| 2.21m | 7-03.00 | F | # 13 Boys 09-11 Long Jump | --- | --- | 0.17 |
| 9.78m | 32-01 | F | # 17 Boys 03-11 Discus | --- | --- | 3.62 |
| 11.70m | 38-05 | F | # 21 Boys 03-11 Javelin TURBO JAV | --- | --- | 3.40 |
| Dobbs, Georgie (3) F | | | | | | |
| 13.99 | NWI | F | # 2 Girls 03-08 60m Dash | --- | --- | 0.94 |
| 23.02 | NWI | F | # 4 Girls 03-07 100m Dash | --- | --- | 2.72 |
| .60m | 1-11.50 | F | # 12 Girls 03-08 High Jump | --- | --- | 0.00 |
| 2.88m | 9-05 | F | # 18 Girls 03-11 Discus | --- | --- | 1.41 |
| 4.58m | 15-00 | F | # 22 Girls 03-11 Javelin TURBO JAV | --- | --- | 0.19 |
| Fourie, Clarissa (97) F | | | | | | |
| 3:05.68 | | F | # 8 Female 08-75 800m Run | --- | --- | -9.24 |
| 7:43.86 | | F | # 10 Female 12-75 1500m Run | --- | --- | 26.20 |
| 6.48m | 21-03.25 | F | # 16 Female 12-75 Triple Jump | --- | --- | 0.33 |
| 11.90m | 39-00 | F | # 20 Female 12-75 Javelin | --- | --- | -0.39 |
| 31.17 | NWI | F | # 24 Female 12-20 200m Dash | --- | --- | 0.15 |
| Fourie, Villiers (98) M | | | | | | |
| 16.14 | NWI | F | # 5 Boys 09-11 100m Dash | --- | --- | -0.26 |
| 3:08.49 | | F | # 7 Male 08-75 800m Run | --- | --- | -0.57 |
| 3.12m | 10-03.00 | F | # 13 Boys 09-11 Long Jump | --- | --- | 0.36 |
| 14.06m | 46-01 | F | # 17 Boys 03-11 Discus | --- | --- | 1.54 |
| 14.00m | 45-11 | F | # 21 Boys 03-11 Javelin TURBO JAV | --- | --- | 0.82 |
| Gall, Alexandria (2) F | | | | | | |
| 11.87 | NWI | F | # 2 Girls 03-08 60m Dash | --- | --- | 0.35 |
| 20.49 | NWI | F | # 4 Girls 03-07 100m Dash | --- | --- | 3.89 |
| .80m | 2-07.50 | F | # 12 Girls 03-08 High Jump | --- | --- | -0.05 |
| 7.65m | 25-01 | F | # 18 Girls 03-11 Discus | --- | --- | -0.13 |
| 5.23m | 17-02 | F | # 22 Girls 03-11 Javelin TURBO JAV | --- | --- | 0.99 |
| Gall, Sophie (5) F | | | | | | |
| 15.84 | NWI | F | # 2 Girls 03-08 60m Dash | --- | --- | 0.13 |
| 27.62 | NWI | F | # 4 Girls 03-07 100m Dash | --- | --- | 1.41 |
| .50m | 1-07.75 | F | # 12 Girls 03-08 High Jump | --- | --- | -0.05 |
| 2.09m | 6-10 | F | # 18 Girls 03-11 Discus | --- | --- | 0.66 |
| 3.50m | 11-06 | F | # 22 Girls 03-11 Javelin TURBO JAV | --- | --- | 0.39 |
| Graham, Hannah (4) F | | | | | | |
| 15.42 | NWI | F | # 2 Girls 03-08 60m Dash | --- | --- | 1.38 |
| 26.52 | NWI | F | # 4 Girls 03-07 100m Dash | --- | --- | 2.06 |
| .55m | 1-09.50 | F | # 12 Girls 03-08 High Jump | --- | --- | 0.10 |
| 4.80m | 15-09 | F | # 18 Girls 03-11 Discus | --- | --- | -0.30 |
| 3.60m | 11-10 | F | # 22 Girls 03-11 Javelin TURBO JAV | --- | --- | 3.17 |
| Graham, Kate (2) F | | | | | | |
| 11.71 | NWI | F | # 2 Girls 03-08 60m Dash | --- | --- | 0.68 |
| 19.37 | NWI | F | # 4 Girls 03-07 100m Dash | --- | --- | 0.41 |
| .75m | 2-05.50 | F | # 12 Girls 03-08 High Jump | --- | --- | 0.10 |
| 4.73m | 15-06 | F | # 18 Girls 03-11 Discus | --- | --- | 2.26 |

Individual Meet Results

MAC Club 29-Aug-09 [Ageup: 31/12/2009]

Location: MSHS Oval

Mackay Athletics Club [MAC]

| Mark | Convert | Rnd | Event | Place | Points | Improv |
|-----------------------------|----------|--------|-------------------------------|-------|--------|--------|
| 5.39m | 17-08 | F # 22 | Girls 03-11 Javelin TURBO JAV | --- | --- | 0.83 |
| Grech, Caitlin (5) F | | | | | | |
| 23.65 NWI | | F # 2 | Girls 03-08 60m Dash | --- | --- | 7.56 |
| 34.05 NWI | | F # 4 | Girls 03-07 100m Dash | --- | --- | 8.06 |
| .45m | 1-05.75 | F # 12 | Girls 03-08 High Jump | --- | --- | 0.05 |
| 3.04m | 10-00 | F # 18 | Girls 03-11 Discus | --- | --- | 1.73 |
| 2.98m | 9-09 | F # 22 | Girls 03-11 Javelin TURBO JAV | --- | --- | 0.84 |
| Grech, Jessica (1) F | | | | | | |
| 12.94 NWI | | F # 2 | Girls 03-08 60m Dash | --- | --- | 0.73 |
| 4:12.27 | | F # 8 | Female 08-75 800m Run | --- | --- | 14.46 |
| .80m | 2-07.50 | F # 12 | Girls 03-08 High Jump | --- | --- | 0.00 |
| 8.04m | 26-04 | F # 18 | Girls 03-11 Discus | --- | --- | 1.16 |
| 5.25m | 17-03 | F # 22 | Girls 03-11 Javelin TURBO JAV | --- | --- | 1.41 |
| Grech, Lachlan M | | | | | | |
| 17.42 NWI | | F # 5 | Boys 09-11 100m Dash | --- | --- | 0.03 |
| 3:51.39 | | F # 7 | Male 08-75 800m Run | --- | --- | 33.70 |
| 2.67m NWI | 8-09.25 | F # 13 | Boys 09-11 Long Jump | --- | --- | 0.24 |
| 14.23m | 46-08 | F # 17 | Boys 03-11 Discus | --- | --- | 2.71 |
| 7.60m | 24-11 | F # 21 | Boys 03-11 Javelin TURBO JAV | --- | --- | 7.10 |
| Heel, Brayden (3) M | | | | | | |
| 13.08 NWI | | F # 1 | Boys 03-08 60m Dash | --- | --- | 1.70 |
| 21.21 NWI | | F # 3 | Boys 03-07 100m Dash | --- | --- | 1.43 |
| .86m | 2-09.75 | F # 11 | Boys 03-08 High Jump | --- | --- | -0.08 |
| 6.96m | 22-10 | F # 17 | Boys 03-11 Discus | --- | --- | 3.38 |
| 6.62m | 21-09 | F # 21 | Boys 03-11 Javelin TURBO JAV | --- | --- | 0.18 |
| Heel, Hayley (99) F | | | | | | |
| 16.30 NWI | | F # 6 | Girls 09-11 100m Dash | --- | --- | 1.09 |
| 3:21.52 | | F # 8 | Female 08-75 800m Run | --- | --- | 11.58 |
| 3.13m NWI | 10-03.25 | F # 14 | Girls 09-11 Long Jump | --- | --- | 0.09 |
| 15.71m | 51-06 | F # 18 | Girls 03-11 Discus | --- | --- | -0.04 |
| 6.55m | 21-06 | F # 22 | Girls 03-11 Javelin TURBO JAV | --- | --- | 3.70 |
| Hyde, Andrew (97) M | | | | | | |
| 3:40.74 | | F # 7 | Male 08-75 800m Run | --- | --- | 2.44 |
| 8:11.74 | | F # 9 | Male 12-75 1500m Run | --- | --- | 24.34 |
| 6.50m NWI | 21-04.00 | F # 15 | Male 12-75 Triple Jump | --- | --- | 0.42 |
| 15.42m | 50-07 | F # 19 | Male 12-75 Javelin | --- | --- | 0.48 |
| 38.14 NWI | | F # 23 | Male 12-20 200m Dash | --- | --- | 0.62 |
| Kucks, Louann F | | | | | | |
| 22.84 NWI | | F # 6 | Girls 09-11 100m Dash | --- | --- | 3.24 |
| 4:29.81 | | F # 8 | Female 08-75 800m Run | --- | --- | 21.40 |
| 2.08m NWI | 6-10.00 | F # 14 | Girls 09-11 Long Jump | --- | --- | 0.19 |
| 12.38m | 40-07 | F # 18 | Girls 03-11 Discus | --- | --- | 1.58 |
| 8.80m | 28-10 | F # 22 | Girls 03-11 Javelin TURBO JAV | --- | --- | 1.95 |
| Kucks, Rebecca (2) F | | | | | | |
| 12.92 NWI | | F # 2 | Girls 03-08 60m Dash | --- | --- | 1.05 |
| 21.71 NWI | | F # 4 | Girls 03-07 100m Dash | --- | --- | 4.67 |
| .85m | 2-09.50 | F # 12 | Girls 03-08 High Jump | --- | --- | 0.00 |
| 7.59m | 24-11 | F # 18 | Girls 03-11 Discus | --- | --- | 0.92 |

Individual Meet Results

MAC Club 29-Aug-09 [Ageup: 31/12/2009]

Location: MSHS Oval

Mackay Athletics Club [MAC]

| Mark | Convert | Rnd | Event | Place | Points | Improv |
|--------------------------------------|----------|--------|-------------------------------|-------|--------|--------|
| 7.46m | 24-06 | F # 22 | Girls 03-11 Javelin TURBO JAV | --- | --- | -0.10 |
| McCall, Aiden (1) M | | | | | | |
| 13.33 NWI | | F # 1 | Boys 03-08 60m Dash | --- | --- | 0.83 |
| 4:09.93 | | F # 7 | Male 08-75 800m Run | --- | --- | 15.22 |
| .60m | 1-11.50 | F # 11 | Boys 03-08 High Jump | --- | --- | 0.05 |
| 6.90m | 22-08 | F # 17 | Boys 03-11 Discus | --- | --- | 0.42 |
| 3.23m | 10-07 | F # 21 | Boys 03-11 Javelin TURBO JAV | --- | --- | 1.26 |
| Newton, Emma (94) F | | | | | | |
| 3:19.08 | | F # 8 | Female 08-75 800m Run | --- | --- | 10.37 |
| 7:51.40 | | F # 10 | Female 12-75 1500m Run | --- | --- | 42.75 |
| 9.39m NWI | 30-09.75 | F # 16 | Female 12-75 Triple Jump | --- | --- | 0.40 |
| FOUL | | F # 20 | Female 12-75 Javelin | --- | --- | --- |
| 29.21 NWI | | F # 24 | Female 12-20 200m Dash | --- | --- | 0.20 |
| Newton, Shana (97) F | | | | | | |
| 4:37.18 | | F # 8 | Female 08-75 800m Run | --- | --- | 21.03 |
| 11:28.74 | | F # 10 | Female 12-75 1500m Run | --- | --- | 26.12 |
| 5.05m NWI | 16-07.00 | F # 16 | Female 12-75 Triple Jump | --- | --- | 0.38 |
| FOUL | | F # 20 | Female 12-75 Javelin | --- | --- | --- |
| 43.36 NWI | | F # 24 | Female 12-20 200m Dash | --- | --- | 2.56 |
| O'Grady, Riley (97) M | | | | | | |
| 3:39.11 | | F # 7 | Male 08-75 800m Run | --- | --- | -3.64 |
| 5.59m NWI | 18-04.25 | F # 15 | Male 12-75 Triple Jump | --- | --- | 0.03 |
| FOUL | | F # 19 | Male 12-75 Javelin | --- | --- | --- |
| 35.43 NWI | | F # 23 | Male 12-20 200m Dash | --- | --- | -0.60 |
| Quirk, James (95) M | | | | | | |
| 2:56.40 | | F # 7 | Male 08-75 800m Run | --- | --- | -5.75 |
| 6:36.31 | | F # 9 | Male 12-75 1500m Run | --- | --- | -22.53 |
| 8.96m NWI | 29-04.75 | F # 15 | Male 12-75 Triple Jump | --- | --- | 0.56 |
| 17.40m | 57-01 | F # 19 | Male 12-75 Javelin | --- | --- | -0.10 |
| 30.05 NWI | | F # 23 | Male 12-20 200m Dash | --- | --- | -0.51 |
| Robke, Nathan M | | | | | | |
| 20.30 NWI | | F # 5 | Boys 09-11 100m Dash | --- | --- | 0.37 |
| 4:02.90 | | F # 7 | Male 08-75 800m Run | --- | --- | 2.72 |
| 2.42m NWI | 7-11.25 | F # 13 | Boys 09-11 Long Jump | --- | --- | -0.14 |
| 11.92m | 39-01 | F # 17 | Boys 03-11 Discus | --- | --- | 1.20 |
| 8.35m | 27-05 | F # 21 | Boys 03-11 Javelin TURBO JAV | --- | --- | -0.05 |
| Van Moolenbroek, Sophie (3) F | | | | | | |
| 14.18 NWI | | F # 2 | Girls 03-08 60m Dash | --- | --- | 0.59 |
| 23.17 NWI | | F # 4 | Girls 03-07 100m Dash | --- | --- | 0.26 |
| .55m | 1-09.50 | F # 12 | Girls 03-08 High Jump | --- | --- | 0.05 |
| 3.94m | 12-11 | F # 18 | Girls 03-11 Discus | --- | --- | 1.36 |
| 4.03m | 13-03 | F # 22 | Girls 03-11 Javelin TURBO JAV | --- | --- | 1.30 |
| Wedemeyer, Brittany (99) F | | | | | | |
| 18.26 NWI | | F # 6 | Girls 09-11 100m Dash | --- | --- | 0.92 |
| 3:15.11 | | F # 8 | Female 08-75 800m Run | --- | --- | -9.55 |
| 2.84m NWI | 9-04.00 | F # 14 | Girls 09-11 Long Jump | --- | --- | 0.15 |
| 12.22m | 40-01 | F # 18 | Girls 03-11 Discus | --- | --- | 0.95 |
| 10.65m | 34-11 | F # 22 | Girls 03-11 Javelin TURBO JAV | --- | --- | 1.55 |

Individual Meet Results

MAC Club 29-Aug-09 [Ageup: 31/12/2009]

Location: MSHS Oval

Mackay Athletics Club [MAC]

| Mark | Convert | Rnd | Event | Place | Points | Improv |
|-----------------------------|----------|--------|-------------------------------|-------|--------|--------|
| Wilson, Jack (98) M | | | | | | |
| 16.27 NWI | | F # 5 | Boys 09-11 100m Dash | --- | --- | 1.82 |
| 3:08.42 | | F # 7 | Male 08-75 800m Run | --- | --- | 7.10 |
| 3.58m NWI | 11-09.00 | F # 13 | Boys 09-11 Long Jump | --- | --- | 0.06 |
| 3.62m | 11-10 | F # 17 | Boys 03-11 Discus | --- | --- | 14.79 |
| 19.80m | 64-11 | F # 21 | Boys 03-11 Javelin TURBO JAV | --- | --- | -0.54 |
| Wilton, Joshua (1) M | | | | | | |
| 11.55 NWI | | F # 1 | Boys 03-08 60m Dash | --- | --- | 0.70 |
| 4:24.05 | | F # 7 | Male 08-75 800m Run | --- | --- | 8.27 |
| .93m | 3-00.50 | F # 11 | Boys 03-08 High Jump | --- | --- | -0.08 |
| 7.25m | 23-09 | F # 17 | Boys 03-11 Discus | --- | --- | 1.85 |
| 5.97m | 19-07 | F # 21 | Boys 03-11 Javelin TURBO JAV | --- | --- | 0.21 |
| Wilton, Renee (99) F | | | | | | |
| 17.90 NWI | | F # 6 | Girls 09-11 100m Dash | --- | --- | 2.32 |
| 2.58m NWI | 8-05.75 | F # 14 | Girls 09-11 Long Jump | --- | --- | 0.21 |
| 7.51m | 24-08 | F # 18 | Girls 03-11 Discus | --- | --- | 1.58 |
| 5.50m | 18-00 | F # 22 | Girls 03-11 Javelin TURBO JAV | --- | --- | 2.97 |