



Mackay Athletics Club Inc

NEWSLETTER - MARCH 2009

THANKS - 2009 SIGN-ON DAY and WORKING BEE

Many thanks to all the families who came down and registered or made enquires at our Sign on day, 28 February.

It was great to see many new members join and many returning in 2009. Also thanks to those who helped in cleaning out the shed and checking the equipment in preparation for this year's program.

WET WEATHER INFO

Due to the nature of Athletics being held outdoors, for the safety of all athletes it may be necessary to cancel events or club competition days due to the wet grounds. Cancellation notices are usually published on the home page of our website on the day of competition or you can call 0417 707 157 after 8am on the day of competition for information.

RUNNING TRACK CONDITION

We are monitoring the condition of our running track as all the recent rain has left some very damp areas along it. This had prevented us from preparing the track ready for line marking. The sunshine on it over the past week has helped dry it out and we hope to have the track mowed before our Orientation Day. For the safety of the athletes it may be necessary to postpone any track events until it is drier and line marking done. More details will be advised at the Orientation Day March 7.

ATHLETICS ORIENTATION

Saturday 7 March 12:50pm to 4pm (from 12:20pm for new registrations)

Athletes will be given a run down on the different events that they will participate in, and parents or carers will be briefed on how they can assist in the club activities. If registering on this day, please come early in order to lodge your registration form before the start of events.

PERSONAL SEASON RESULTS FOLDER

Each new member will receive a Personal Season Results folder to keep a record of the results achieved at each Club Competition. At the end of each Club Competition day, all athletes are given a card which has the results recorded for each event they participated in on that day. These cards can be glued onto the appropriate pages in the folder for their reference. There is also a Personal Best (PB) page to keep a record each time a PB has been achieved.

For existing members who were issued a folder from last year, a new insert kit will be available for you.

Both of these will be available after the Orientation day and only to those who have paid the full membership fees.

CLUB VENUE

Mackay State High School Oval
via English Street
Mackay, Qld

CORRESPONDENCE

Mackay Athletics Club Inc
P.O. Box 322
Mackay, Qld, 4740

CONTACT US

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FIRST CLUB COMPETITION DAY

Saturday 14 March 12.50pm to 4pm

Our 1st Club Competition Day is scheduled for Saturday 14 March starting at 12:50pm. The day starts with all athletes grouped into their appropriate age level and a Marshall appointed for that group. After a Roll Call is done the athletes will do some warm up activities. The Scheduled Events will start after this.

It is important that each athlete has a drink bottle, hat and covered in shoes. Athletes can also bring along a snack to have whilst waiting between events. Sunscreen is available from the shed.

Parents are encouraged to follow and support your children at each event and help out with the events where possible.

For the safety of you, the athletes and visitors, please always obey the Marshalls instructions. Please keep behind safety barriers and keep off the running track.

TEA / COFFEE AVAILABLE FROM CLUB HOUSE

We will soon be expanding our range of snacks and drinks available for purchase on Club Competition Days. Look out for this soon at the club house.

2009 HANDBOOK

Our 2009 handbook is now available for download from the club website. The handbook is packed with useful information for our athletes and those interested in the club itself and what we do. This year, printed copies will be made available to all athletes upon registration.

WEBSITE

New to the website is an online calendar that shows important upcoming dates throughout the season. You can view by week or month and click on an event for more details. You can also print the Calendar if required. Check it out on our Calendar page.

For the most up to date club news, see our website. www.mackayathletics.com.au

2009 CLUB COMMITTEE

Our 2009 Club Committee is. Contact details are on our website

President:	Lawrence Booth	Coach Coordinator:	Tasha Pinfold
Vice President:	Paul Burke	Public Relations:	James Grech
Secretary:	Fiona Quirk	Uniforms:	Rhonda Bates
Treasurer:	Rhonda Bates	Grants:	Lawrence Booth
Records:	Cameron Quirk	Web Administrator:	James Grech
Registrar:	James Grech	Fundraising:	Position Vacant
Grounds & Equipment:	Wade Bates		