



# MACKAY SUMMER SERIES EVENT GRID AND DRAFT TIMETABLE

INFORMATION AS AT 10 OCTOBER 2023 PLEASE CHECK  
EVENT WEBSITE FOR MORE DETAILS.

[www.mackayathletics.com.au/summer-series/](http://www.mackayathletics.com.au/summer-series/)

EVENT	MIN AGE	MEET 1 11/11/2023 3:00pm to 6.30pm	MEET 2 20/01/2024 3:00pm to 6.30pm	MEET 3 03/02/2024 3:00pm to 6.30pm
-------	---------	--	--	--

TRACK EVENTS				
60m	5-9yrs, 30+yrs	✓	✓	✓
100m	5+	✓	✓	✓
200m	7+		✓	
400m	10+	✓		
800m	8+		✓	✓
1500m	10+	✓		
3000m	12+			✓
80m Hurdles	12-13 F		✓	
90m Hurdles	12-13 M / 14-15 F		✓	
100m Hurdles	14-15M / 16+ F		✓	
110m Hurdles	16+ M		✓	

FIELD EVENTS				
Long Jump	5+	✓	✓	✓
Triple Jump	12+			✓
High Jump	8+			✓
Shot Put	5+	✓	✓	
Discus	5+		✓	✓
Javelin	12+	✓		✓
Pole Vault	12+		✓	

MEET 1: SATURDAY 11 NOVEMBER 2023		
APPOX. TIME	TRACK	FIELD (Session #)
3.15PM		SHOT PUT (S1) LONG JUMP (S1)
3.30PM	60M	
3.45PM		SHOT PUT (S2) LONG JUMP (S2)
4.00PM	100M	
4.30PM		JAVELIN (S3) LONG JUMP (S3)
5.00PM	400M	
5.15PM		JAVELIN (S4) SHOT PUT (S4)
5.45PM	1500M	

MEET 2: SATURDAY 20 JANUARY 2024		
APPOX. TIME	TRACK	FIELD (Session #)
3.15PM	80/90/100/110 HURDLES	
3.30PM		DISCUS (S1) LONG JUMP (S1) SHOT PUT (S1)
3.45PM	60M	
4.00PM	800M	POLE VAULT
4.15PM		DISCUS (S2) LONG JUMP (S2) SHOT PUT (S2)
4.45PM	100M	
5.00PM		DISCUS (S3) LONG JUMP (S3) SHOT PUT (S3)
5.30PM	200M	

MEET 3: SATURDAY 03 FEBRUARY 2024		
APPOX. TIME	TRACK	FIELD (Session #)
3.15PM		HIGH JUMP (S1) LONG JUMP (S1) DISCUS (S1)
3.30PM	3000M	
4.00PM		HIGH JUMP (S2) TRIPLE JUMP (S2) DISCUS (S2)
4.15PM	60M	
4.45PM		HIGH JUMP (S3) LONG JUMP (S3) JAVELIN (S3)
5.00PM	100M	
5.30PM		TRIPLE JUMP (S4) DISCUS (S4) JAVELIN (S4)
5.45PM	800M	



## INFORMATION

Entry Eligibility	Athletes must be a current financial member of an athletics club affiliated with ANQ, QA, QMA or AA. Athletes who were financial during 2023 but their club season is finished, are eligible to enter. Athletes who are not financial can join as a base member** for \$30.00 (** conditions apply) <a href="#">Click here for our membership options.</a>
Entry Cost:	Entry Fee and total cost per meet is \$15.00 per athlete.
Entry Limit:	Maximum of 5 events
Entry Procedure:	Register online. Registrations close 9pm on the Wednesday prior to the meet date. No late nominations accepted. No nominations on the day.

For Field Events, a minimum of three jumps (Long/Triple) or three throws are offered to athletes. Additional jumps and throws may be allowed at the discretion of the chief judge, based on the number of entries and time allocated.

Track events are timed finals.

Athletes aged 13yrs and under, MUST be accompanied by a parent or carer for the entire event.

Please be aware athletes will be placed in any one of the field event session timeslots and will be of mixed age/gender. We will do our best to place similar age groups and genders together. Age as at 31 Dec year of event. Masters age as at day of event. Note that for some athletes, the throw implement weights could change after Meet 1 as meet 2 and 3 are in a different calendar year. ANQ Technical Specifications will be used.

Age groups are 5/6/7/8/9/10/11/12/13/14/15/16-17/18-19/Open (14yrs+), Masters (30+). No placing awards presented. Athletes aged 14 and over can enter in their own age group or as Open. If selecting Open, throw implement weights will be for the open age category regardless of age.

Final Timetable and entry lists with allocated field event session time will be available the Friday night before the event. No changes can be made.

**To be able to hold events like this, we need the assistance from all attending. Parents, carers, and visitors will need to assist and officiate in field and track areas as required.**

Club uniform is preferred but optional. Shoes are required for all events. Spikes max 7mm (Pyramid or Christmas Tree type spikes only). Spikes can be worn for age groups 10-11yr in 100m, 200, and 400m, Long Jump and High Jump. 12yr and above can wear spikes in those events, as well as Triple Jump, 800m, 1500m and 3000m

\*\* Mackay Athletics Club Base Membership is available and can be used at any ANQ summer series event. The base membership fee is only payable once, but event entry fees are payable as detailed for each event. Base membership expires 31 March 2024 and cannot be used for normal club events and club days. Where the event is a permit meet, base members cannot use the result as a qualifier for State or National events. See our Membership page on our website for full terms and conditions.

[www.mackayathletics.com.au/summer-series/](http://www.mackayathletics.com.au/summer-series/)